Family Medicine Residency Curriculum: Native American Health

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32 of 33 New Mexico counties have healthcare provider shortages.
Native Healthcare Provider Shortage

In the class of 2015, more than 18,000 graduated from medical schools across the U.S., but only 20 were American Indian or Alaskan Native
RMCHCS Family Medicine Residency

- 70% Native patient population
- Independent 3-year Family Medicine Residency Program
- Four residents per year
Accreditation Timeline

- 2016: Decision to Pursue Residency, Initial Planning
- 2017: Capacity Site Visit, Program Director Selected, GMEC Assembled DIO Selected
- 2018: SI App. Submission, ACGME Site Visit
- 2019: Program App. Submission, ACGME Accreditation
- 2020: Enter Match and Recruit Residents
- 2021: First Residents Enter Program, Funding, Curricular Development, Faculty Recruitment and Development, Partnership Building
Academic Project

How to create a family medicine residency curriculum that will inspire physicians to serve Native American communities?
Approach

- Review of existing programs and resources
- Focus groups: Zuni and Navajo
- Individual Interviews
Existing Programs

- Puyallup Tribal Health Authority Family Medicine Residency
- Choctaw Nation Family Medicine Residency
- Seattle Indian Health Board continuity clinic site
- HEAL Fellowship
Focus Groups and Interviews: Key Themes

- Language
- Time
- Body Language
- Health Literacy
- Cultural Humility
Focus Groups and Interviews: Key Themes

- End of Life Care
- Traditional Medicine
- Cultural Duties Health and the Environment
- Medical Learners
- Intergenerational Trauma/Trauma-informed Care
Integrating Native Health into Curricular Components

- Orientation
  - Outlying community visits
  - Native Mentor
  - Mobile Unit
  - Trauma-Informed Care
  - Native History
  - Regional Medical System
  - Home Visits
  - Book Club
Integrating Native Health into Curricular Components

- 24-month Didactic
  - Diabetes
  - ESRD
  - Alcohol/Substance Abuse
  - Maternal Health
  - Newborn Care
  - Nutrition
  - Depression and Suicide
  - Adverse Childhood Events
  - ID: Hanta, Plague and Vector-Borne Disease
Leveraging NIPDD and Next Steps

- $50,000 from NM State Legislature for curricular development
- Curriculum committee created
- Roll-out with medical students 2019-2020
Questions?

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