# JIT HEALTH SCIENCE CENTER



# The Rural Osteopathic Medical Education Program:

Training Students for life and practice in rural and underserved communities

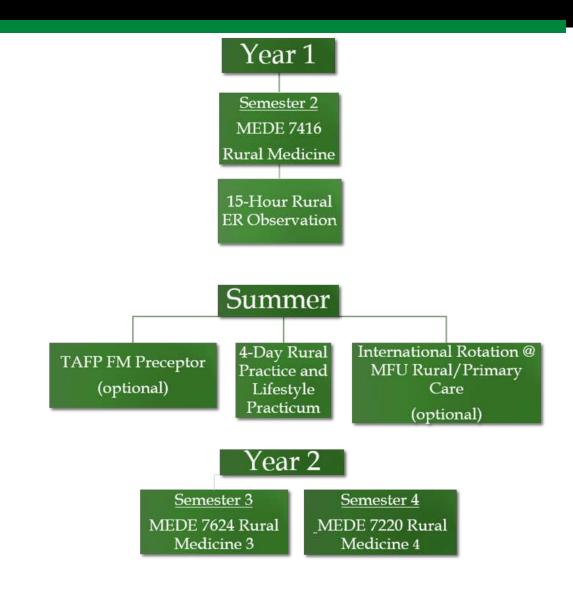
John Gibson, MD Stacy Abraham, MPH

# Rural Osteopathic Medical Education (ROME) Program

- Mission: To create solutions for healthier rural communities
- Our Goals
  - To provide a foundation for life and practice in a rural community
  - To prepare the graduate for acceptance into premier medical education programs
  - To prepare osteopathic graduate for practice in a changing rural environment in the 21<sup>st</sup> century
- Additional curriculum given to prepare students in rural locations with a preceptor based model
- Recent changes in Admission Process- Class of 2021



#### ROME Rural Scholars Program: Curriculum Overview





## Year 1 & 2

- Skills development
  - patient communication
  - physical exam
  - procedural skills
  - well woman exam









## Ultrasound training

- SONOSIM: required web-based US training
  - utilizes probe that simulates hands on US
- Students required to do 4 to 5 modules per semester with testing and Mastery quiz
- Ultrasound workshops: done in SIM lab 3 to 4 times per

semester







## MERCY CLINIC: Early Clinical Experiences



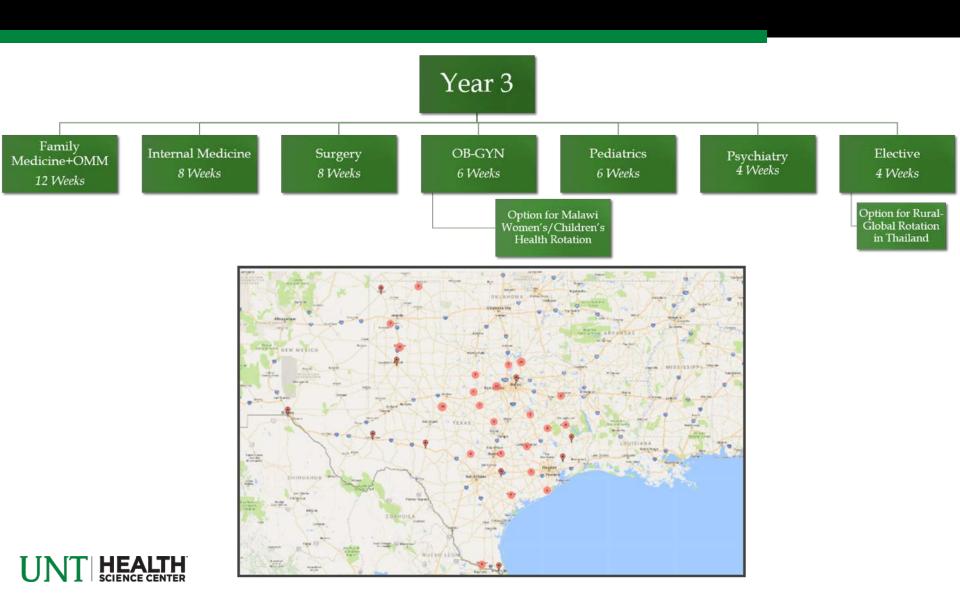
Faith-based free clinic Located about 5 miles from UNTHSC. Open Tues/Thurs Evenings 5 to 8pm

Rome students spend 3 to 4 evenings per semester seeing patients with ROME faculty (Dr Gibson, Dr Hadley)

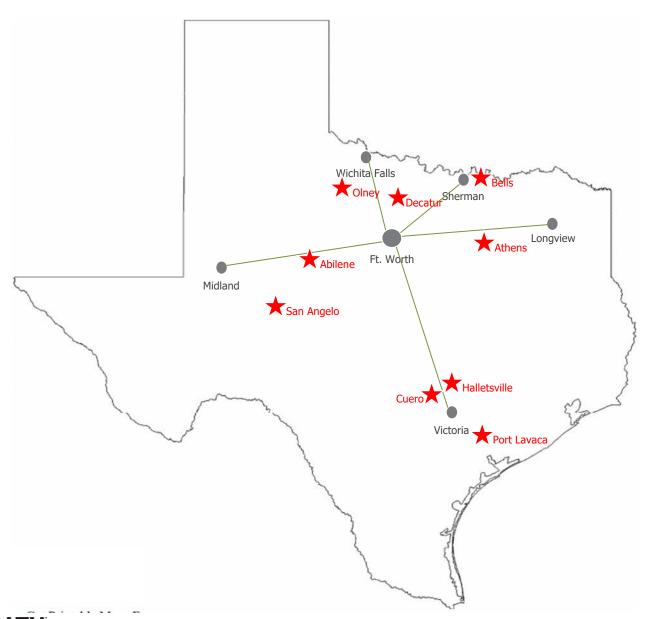




#### ROME Rural Scholars Program: Curriculum Overview

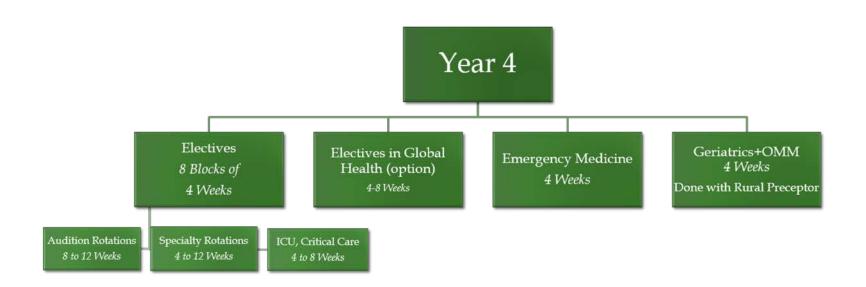


### Preceptor vs HUB Model





#### ROME Rural Scholars Program: Curriculum Overview





### Research Opportunities

- Community Health Research Projects
  - Nutritional Literacy and Habits Among Rural Texans
  - An Evaluation of Pre-Natal Behaviors in a Rural Texas Community
  - Identifying Barriers to Breast Cancer Screening/Mammography in Fredericksburg, Texas
- HRSA Grant- Dual Degree DO-MPH program
- Future Research Opportunities
  - Women's healthcare in rural Texas; reducing women & child mortality
  - Telehealth
  - Butterfly IQ





## International Rotations

- Rural vs International
- Student interest driven
- 3<sup>rd</sup> and 4<sup>th</sup> year possibilities
- Opportunity for advanced procedural skills
- Graduate certificate of global health



## Students at Mae Fah Luang January 2017











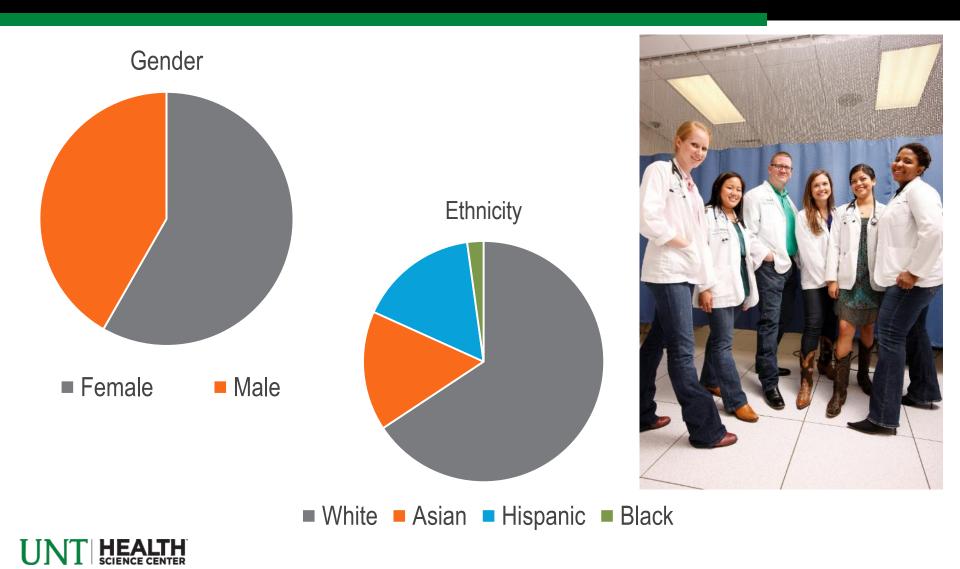
## Malawi Global Medicine Program

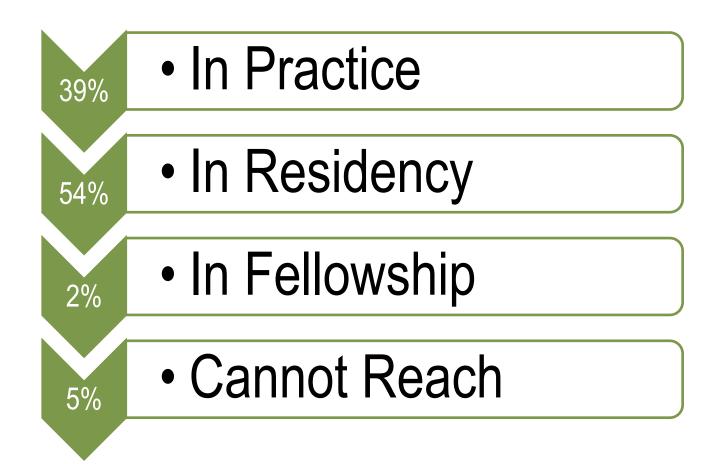










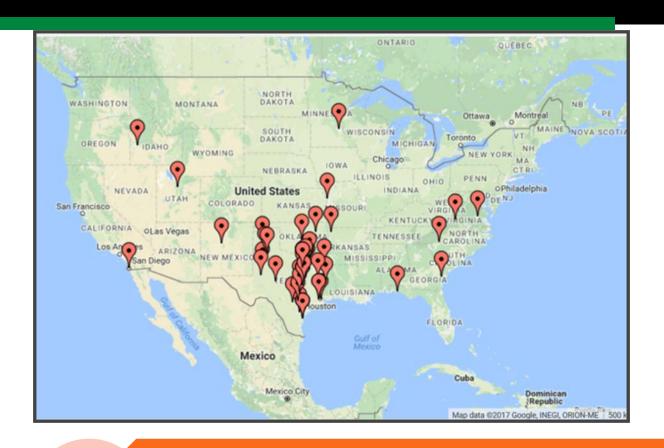




Types of Speciality	
<b>Primary Care Specialty</b>	78%
Family Medicine	63%
Internal Medicine	6%
Pediatrics	9%
Other Specialties	22%







33%

Practicing in area of less than 50,000



59%

Serving in Medically Underserved Areas

17%

Serving in Health Professional Shortage Area



### **Future Directions**

- What can we do to give back to Rural Communities?
  - Research initiatives
  - Faculty development- access to library and medical education resources, CME, on-site short courses (e.g. ALSO, ACLS)





## Questions?

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