# Faculty Time and CBME –

## It's Possible



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#### Disclosure

None

I firmly believe in one of the key lessons of the family physician – sometimes doing nothing (or stopping doing something) is the best treatment.

#### **Use Statement**

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#### **Objectives**

- Compare and contrast time based medical education from competency based medical education (CBME)
- 2. Describe continuous quality improvement tools and concepts that should be utilized in the implementation of CBME
- 3. Identify and plan for removal of one system barrier/process at the home institution



#### **Introductions and Caveats**

- Four Letter Words
- Unfunded Mandates
- Kool-Aid



#### Write/ Pair/ Share

- What are your greatest hopes and fears for CBME?
- Write them down
- Share with your neighbor
- Share them with the larger group



#### **Medical Education:**

# Time (Structure Process) Based vs Competency-Based

	Educational Program Approach¹	
Variable	Structure/Process (Time)	Competency-based
Driving force for curriculum	Content-knowledge acquisition	Outcome-knowledge application
2. Driving force for process	Teacher	Learner
3. Path of learning	Hierarchical (Teacher -> student)	Non-hierarchical (Teacher <-> student)
4. Responsibility for content	Teacher	Student and Teacher
5. Goal of educ. encounter	Knowledge acquisition	Knowledge application
6. Typical assessment tool	Single subjective measure	Multiple objective measures
7. Assessment tool	Proxy	Authentic (mimics real tasks)

"In the trenches" (direct obs)

Criterion-referenced

Variable time

Emphasis on formative

Removed (gestalt)

Norm-referenced

Fixed time

Emphasis on summative

9. Evaluation

8. Setting for evaluation

10. Timing of assessment

11. Program completion



#### TBME vs CBME

In your small groups identify the efforts in your programs that are TBME and those that are CBME.

# DETOUR

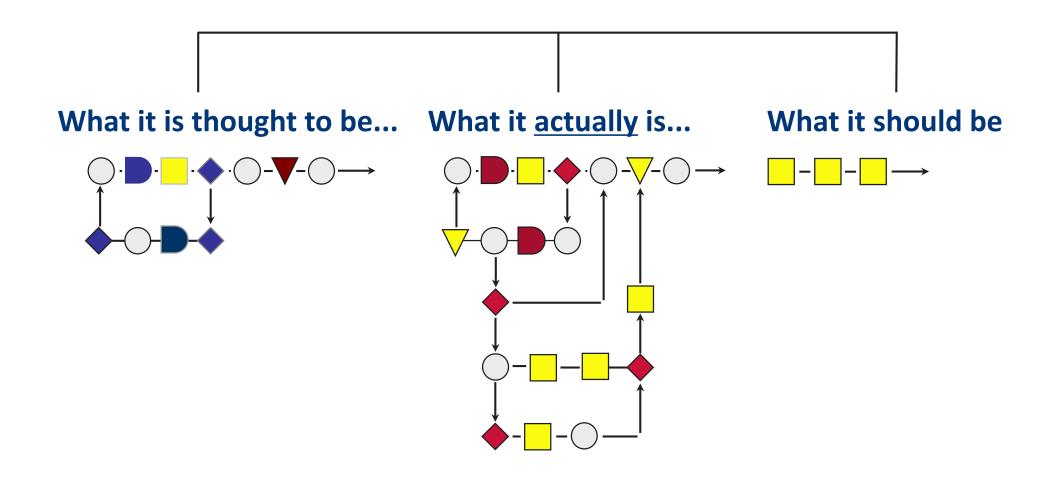




# Utilizing lessons from other areas of knowledge

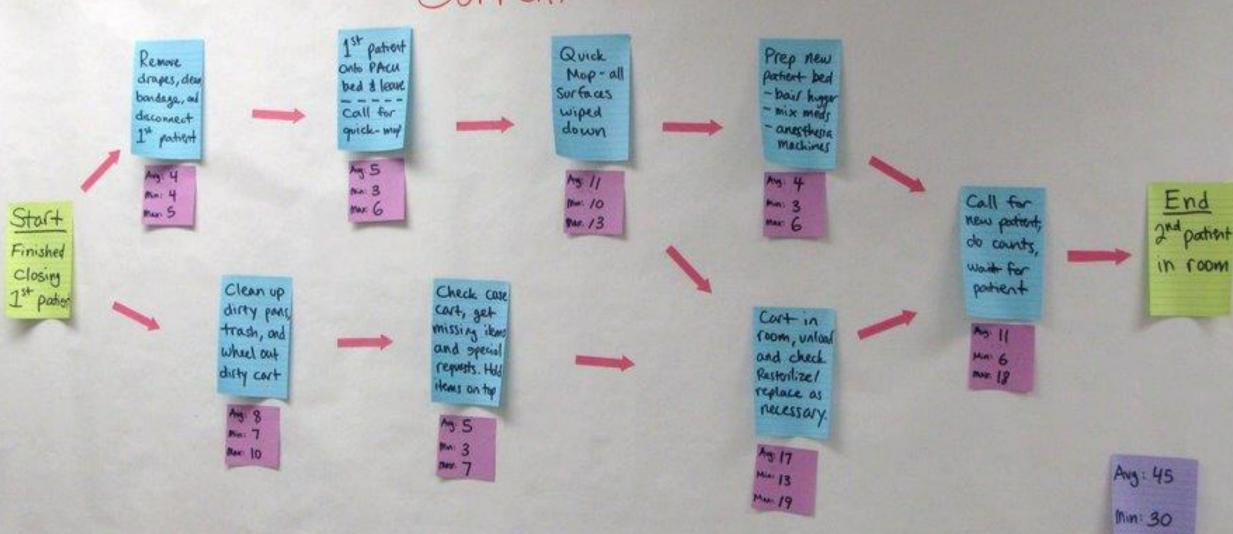
- CQI (Value Stream Mapping, RCA, and Waste)
- Physician Burnout





There are usually three versions of a process

# Total Joint Room Turnovers Process Current State 3/2/09



Max: 58

# Muda

#### "Corpse Flower"

Rafflesia tuan-mudae mature" by Pasha Kirillov is licensed under CC BY-SA 2.0.





#### 5 Why's

**Problem: The Washington Monument was disintegrating** 

- **➤**Why disintegrating? *Use of harsh chemicals*
- > Why using harsh chemicals? *To clean pigeon poop*
- > Why so many pigeons? They eat spiders and there are a lot of spiders at monument
- >Why so many spiders? They eat gnats and lots of gnats at monument
- > Why so many gnats? They are attracted to the light at dusk.

Answer: Turn the lights on later



#### **Lessons from Burnout<sup>2</sup>**

Driver dimensions

#### Workload and job demands Efficiency and Control and flexibility resources Meaning in Less optimal work Organizational Work-life culture and integration Social Values support and community at work

#### Engagement

Vigor

More optimal

- Dedication
- Absorption

#### **Burnout**

- Exhaustion
- Cynicism
- Inefficacy



#### Returning to CBME - Group Activity and Action

Identify a list of barriers or process that are extraneous

 Commit to eliminating or changing at least one item on your list and share that commitment with the group



## Report out



#### **Conclusion and Take Home**

Utilize our most useful prescription

# Any questions?

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#### References

- Holmboe E, et al. The Milestones Guidebook. ACGME. Version 2016.
  <a href="https://www.acgme.org/Portals/o/MilestonesGuidebook.pdf">https://www.acgme.org/Portals/o/MilestonesGuidebook.pdf</a>. Accessed March 15<sup>th</sup>, 2024
- 2. Shanafelt TD, Noseworthy JH. Executive Leadership and Physician Well-being: Nine Organizational Strategies to Promote Engagement and Reduce Burnout. Mayo Clin Proc. 2017 Jan;92(1):129-146. doi: 10.1016/j.mayocp.2016.10.004. Epub 2016 Nov 18. PMID: 27871627.



#### **Additional Materials**

- 1. Smith GL, Hannah S, Mountford J, et al. Model to reduce waste in healthcare and add value. BMJ Open Quality 2022;11:e001655. doi: 10.1136/bmjoq-2021-001655.
- 2. McIntyre M. Identifying the Seven Wastes to Build a Lean Healthcare Improvement Foundation. Virginia Mason Institute. Jan. 19<sup>th, 2023</sup>.

https://www.virginiamasoninstitute.org/identifying-the-seven-wastes-to-build-a-lean-foundation/ Accessed March 15<sup>th</sup>, 2024.