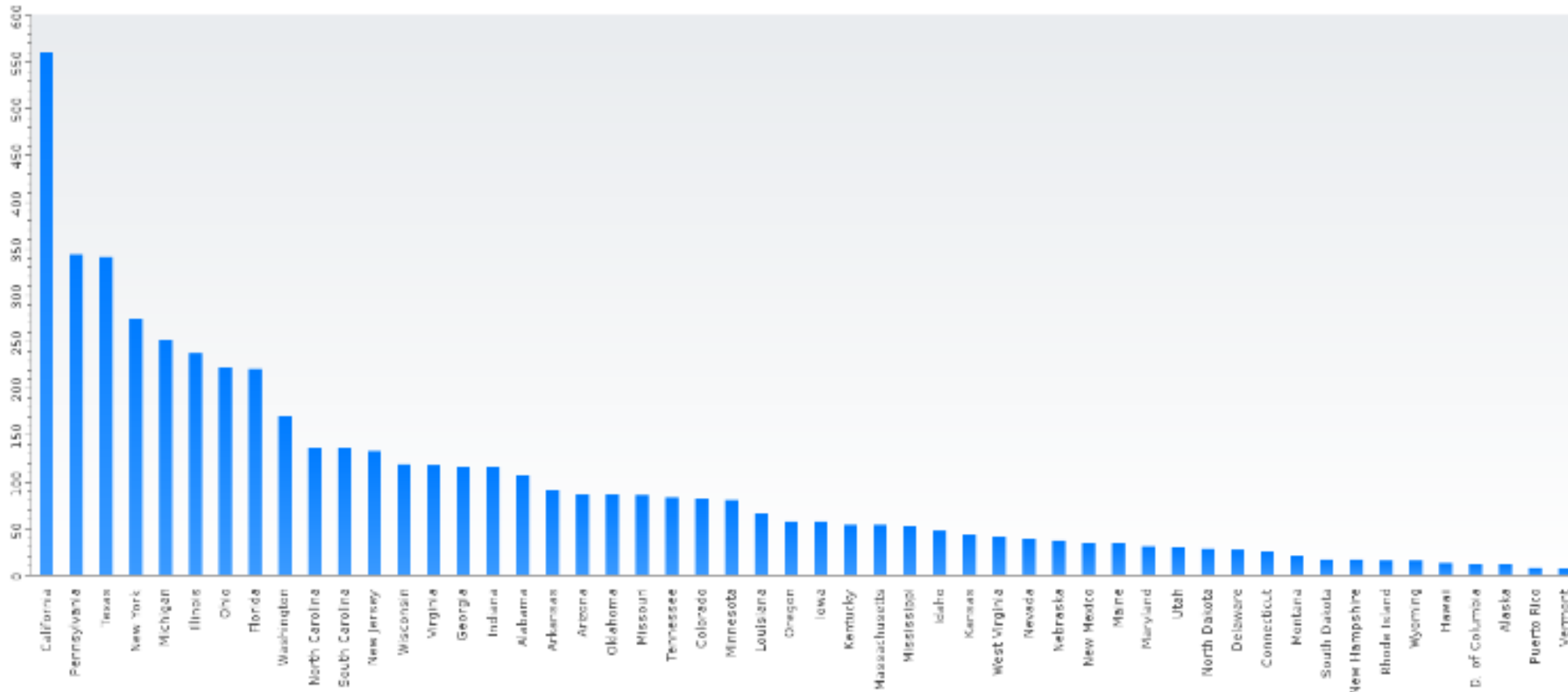


Applying to Residency

Where to start

1. There are A LOT of programs available

Family Medicine Residency Positions Offered and Filled



de
am

1. California (560)
2. Pennsylvania (343)
3. Texas (341)
4. New York (274)
5. Michigan (252)
6. Illinois (237)
7. Ohio (222)
8. Florida (221)
9. Washington (170)
10. North Carolina (136)
11. South Carolina (136)
12. New Jersey (133)
13. Wisconsin (119)
14. Virginia (118)
15. Georgia (116)
16. Indiana (116)
17. Alabama (107)
18. Arkansas (91)
19. Arizona (87)
20. Oklahoma (87)
21. Missouri (86)
22. Tennessee (83)
23. Colorado (82)
24. Minnesota (80)
25. Louisiana (66)
26. Oregon (58)
27. Iowa (58)
28. Kentucky (54)
29. Massachusetts (53)
30. Mississippi (52)
31. Idaho (47)
32. Kansas (44)
33. West Virginia (41)
34. Nevada (38)
35. Nebraska (37)
36. New Mexico (35)
37. Maine (34)
38. Maryland (31)
39. Utah (29)
40. North Dakota (28)
41. Delaware (27)
42. Connecticut (25)
43. Montana (20)
44. South Dakota (17)
45. New Hampshire (16)
46. Rhode Island (15)
47. Wyoming (15)
48. Hawaii (13)
49. District of Columbia (12)
50. Alaska (12)
51. Puerto Rico (8)
52. Vermont (6)

2. Location is an easy way to narrow your choices

LOCATIONS

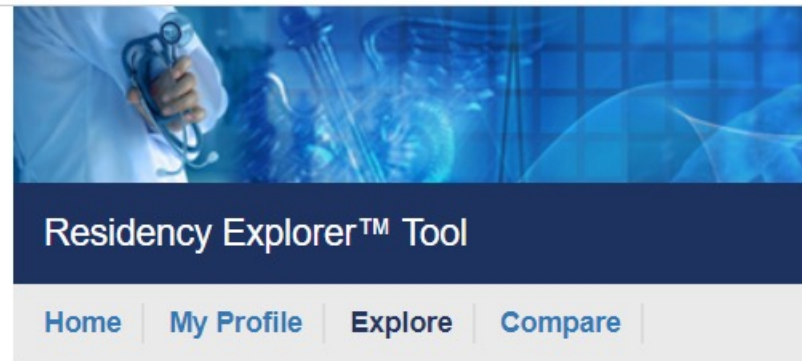
- ☐ New England (CT, MA, ME, NH, RI, VT)
- ☐ Mid Atlantic (NJ, NY, PA)
- ☐ East North Central (IL, IN, MI, OH, WI)
- ☐ West North Central (IA, KS, MN, MO, ND, NE, SD)
- ☐ South Atlantic (DC, DE, FL, ...)

Application Type ▼

Program Type ▼

Special Tracks ▲

- ☐ Rural Track
- ☐ Hospitalist Track
- ☐ Primary Care Track
- ☐ Women's Health Track



Explore Programs

Refine by

✕ Clear Filters

Location

State

- | | | |
|-----------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> AK | <input type="checkbox"/> AL | <input type="checkbox"/> AR |
| <input type="checkbox"/> AZ | <input type="checkbox"/> CA | <input type="checkbox"/> CO |
| <input type="checkbox"/> CT | <input type="checkbox"/> DC | <input type="checkbox"/> DE |
| <input type="checkbox"/> FL | <input type="checkbox"/> GA | <input type="checkbox"/> HI |
| <input type="checkbox"/> IA | <input type="checkbox"/> ID | <input type="checkbox"/> IL |
| <input type="checkbox"/> IN | <input type="checkbox"/> KS | <input type="checkbox"/> KY |
| <input type="checkbox"/> LA | <input type="checkbox"/> MA | <input type="checkbox"/> MD |
| <input type="checkbox"/> ME | <input type="checkbox"/> MI | <input type="checkbox"/> MN |
| <input type="checkbox"/> MO | <input type="checkbox"/> MS | <input type="checkbox"/> MT |

+ Show more

Region ?

- ☐ Central
- ☐ Northeast
- ☐ Southern
- ☐ Western

Zip Code ?

— AND —

Distance (in miles)

Apply Zip Code & Distance

Polarizing factors



Your interests

- Rural medicine, ultrasound, wilderness medicine, transgender care, family planning, integrative medicine, addiction medicine, osteopathic medicine, etc



Location

Size of program

Med/OB

Interests

Ease of
narrowing

3. Most program are largely the same

- 600 hr or 6 months – care of adult hospitalized patients
- 200 hr or 2 months – ED setting
- 200 hr or 2 month – care of ill children in hospital and/or ED
- 200 hr or 2 months – care of patients with chronic illness
- 200 hr or 2 months – care of patients with acute illness
- 200 hr or 2 months – primary care
- 100 hr or 1 month – ICU
- 100 hr or 1 month – care of older patient
- 100 hr or 1 month – care of surgical patients
- 100 hr or 1 month – care of women with gynecologic issues
- 100 hr or 1 month – health system management experiences
- 300 hr or 3 months – elective experiences

24 months outlined

2/3 of residency breakdown is the same across the board

EXPLORE ▼



FREIDA™

Search Programs

Explore Specialties

LOCATIONS

- ☐ New England (CT, MA, ME, NH, RI, VT)
- ☐ Mid Atlantic (NJ, NY, PA)
- ☐ East North Central (IL, IN, MI, OH, WI)
- ☐ West North Central (IA, KS, MN, MO, ND, NE, SD)
- ☐ South Atlantic (DC, DE, FL, ...)

Application Type ▼

Program Type ▼

Special Tracks ▲

- ☐ Rural Track
- ☐ Hospitalist Track
- ☐ Primary Care Track
- ☐ Women's Health Track



Residency Explorer™ Tool

Home

My Profile

Explore

Compare

Explore Programs

Refine by

✕ Clear Filters

Location

State

- | | | |
|-----------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> AK | <input type="checkbox"/> AL | <input type="checkbox"/> AR |
| <input type="checkbox"/> AZ | <input type="checkbox"/> CA | <input type="checkbox"/> CO |
| <input type="checkbox"/> CT | <input type="checkbox"/> DC | <input type="checkbox"/> DE |
| <input type="checkbox"/> FL | <input type="checkbox"/> GA | <input type="checkbox"/> HI |
| <input type="checkbox"/> IA | <input type="checkbox"/> ID | <input type="checkbox"/> IL |
| <input type="checkbox"/> IN | <input type="checkbox"/> KS | <input type="checkbox"/> KY |
| <input type="checkbox"/> LA | <input type="checkbox"/> MA | <input type="checkbox"/> MD |
| <input type="checkbox"/> ME | <input type="checkbox"/> MI | <input type="checkbox"/> MN |
| <input type="checkbox"/> MO | <input type="checkbox"/> MS | <input type="checkbox"/> MT |

+ Show more

Region ?

- ☐ Central
- ☐ Northeast
- ☐ Southern
- ☐ Western

Zip Code ?

— AND —

Distance (in miles)

Apply Zip Code & Distance

My approach

1. Little geographic preference – eliminated deep South
2. Light medicine / medium OB
3. Interests: many

Goal: rural medicine

How: open-minded

Search: very broad, curriculum-based



Copy of FM Residency Programs



	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W
208	Illinois (35)																						
209	Adventist - Hinsdale Hospital	https://www.amitahealth.org/for-healthcare-professionals/medical-residency-programs/family-medicine-residency-programs/family-medicine-residency-amita-health-adventist-medical-center-hinsdale/curriculum																					
210	Adventist - LaGrange Memorial Hospital	https://www.amitahealth.org/for-healthcare-professionals/medical-residency-programs/family-medicine-residency-programs/family-medicine-residency-amita-health-adventist-medical-center-la-grange/curriculum																					
211	Advocate - Illinois Masonic Med Center	https://www.advocatehealth.com/assets/documents/education/residency-documents/aimmc/rotation-curriculum-table.pdf																					
212	Advocate - Lutheran General Hospital	https://www.advocatehealth.com/education/residency-opportunities/advocate-jbh/high-residency-programs/family-medicine/curriculum/																					
213	Advocate - Aurora Christ	https://www.advocatehealth.com/education/residency-opportunities/advocate-christ-medical-center/family-medicine/curriculum																					
214	AMITA Health - St Joseph Hospital	https://www.amitahealth.org/for-healthcare-professionals/medical-residency-programs/family-medicine-residency-programs/family-medicine-residency-amita-health-saint-joseph-hospital-chicago/curriculum																					
215	AMITA Health - St Mary and Elizabeth Medical Center	https://www.amitahealth.org/for-healthcare-professionals/medical-residency-programs/family-medicine-residency-programs/family-medicine-residency-amita-health-saints-mary-and-elizabeth-chicago/curriculum																					
216	AMITA Health - Resurrection Med Center	https://www.amitahealth.org/for-healthcare-professionals/medical-residency-programs/family-medicine-residency-programs/family-medicine-residency-amita-health-resurrection-medical-center-chicago/curriculum																					
217	Carle Foundation Hospital	https://carle.org/for-providers/Residencies-and-Fellowships/Bloomington-Normal/Family-Medicine-Residency																					
218	Carle Foundation Hospital - Carle BroMenn Med Center	https://carle.org/for-providers/careers/open-positions/75b3911bee6b491988c27781fd5b6dc2																					
219	Cook County Health & Hospitals System	https://cookcountyhealth.org/education-research/residency-programs/family-and-community-medicine/																					
220	Franciscan Health Olympia Fields	https://www.franciscanfmolympiafields.com/curriculum																					
221	Lawndale Christian Health Center																						
222	Loyola MacNeal Hospital	https://macnealhospital.org/health-professionals/residency-programs/family-medicine-residency/curriculum																					
223	Mercyhealth GME Consortium	https://www.mercy.com/about-us/careers/graduate-medical-education/locations/cincinnati/family-and-community-medicine-residency-at-mercy-health-anderson-hospital/rotations-and-curriculum																					
224	Mount Sinai Hospital - Jackson Park Hospital	https://www.jacksonparkhospital.org/residency-program/curriculum/																					
225	Mount Sinai Hospital - Medical Center of Chicago	https://www.sinaichicago.org/en/students-residents/residency-programs/family-practice-residency/																					
226	Northwestern McGaw - Delnor (8)	https://www.familymedicine.northwestern.edu/education/residency-programs/delnor/curriculum.html																					
227	Northwestern McGaw - Humboldt Park (8)	https://www.familymedicine.northwestern.edu/education/residency-programs/humboldt-park/curriculum.html																					
228	Northwestern McGaw - Lake Forest (8)	https://www.familymedicine.northwestern.edu/education/residency-programs/lake-forest/curriculum.html																					
229	Norwegian American Hospital	https://www.hbh.care/hbh-family-medicine-residency/																					
230	Rush Univ - Copley Memorial Hospital	https://www.rushu.rush.edu/education-and-training/graduate-medical-education/residency-programs/family-medicine-residency/curriculum-overview																					
231	SIU - Alton	https://www.siumed.edu/residency-curriculum																					
232	SIU - Carbondale	https://www.siumed.edu/fcm/carbondale/curriculum																					
233	SIU - Decatur	https://www.siumed.edu/fcm/decatur/curriculum-and-sample-schedules.html																					
234	SIU - Quincy	https://www.siumed.edu/group/7402/our-residency-program																					
235	SIU - Springfield	https://www.siumed.edu/fcm/springfield/curriculum																					
236	St Louis University (Southwest Illinois)	https://www.slu.edu/medicine/family-medicine/southwest-il-residency/curriculum.php																					
237	Swedish Hospital	https://swedishcovenant.org/careers/residency-program/family-medicine-residency-program/family-medicine-residency-curriculum																					
238	University of Chicago (NorthShore)	https://familymedicine.uchicago.edu/education/residency-education																					
239	Univ of Illinois - Dixon RTT	https://www.dixonrtt.org/about/curriculum/																					
240	Univ of Illinois - Chicago	https://chicago.medicine.uic.edu/departments/academic-departments/family-and-community-medicine/education/residency/curriculum-2/																					
241	Univ of Illinois - Peoria (10)	https://peoria.medicine.uic.edu/departments/family-medicine/residency/rotations/																					
242	Univ of Illinois - Rockford (7)	https://rockford.medicine.uic.edu/education/graduate-medical-education-gme/rockford-family-medicine-residency/resident-life/curriculum/																					
243	West Suburban Medical Center	https://www.westsurbanmc.com/for-professionals/family-medicine-residency-program/curriculum/																					
244																							
245	Indiana (14)																						
246	Community Health Network - Indianapolis																						
247	Community Health Network - Greenwood	https://www.ecommunity.com/sites/default/files/uploads/2020-11/Fam_Residency_Schedules_20202021.pdf																					
248	Deaconess Hospital	https://www.deaconess.com/For-You/HealthCare-Professionals/Residencies/Family-Medicine-Residency/Curriculum-and-Curricular-Tracks																					
249	Fort Wayne Medical Education	https://www.fwmep.edu/curriculum-overview																					
250	Franciscan Health Indianapolis	https://www.franciscanhealth.org/healthcare-professionals/education/family-medicine-residency-indianapolis																					
251	IU Health Ball Memorial Hospital	https://cdn.iuhealth.org/global/TRACK_family_med.pdf?mtime=20191220122411&focal=none																					
252	IUSOM - Arnett	https://medicine.iu.edu/family-medicine/education/residency/arnett/curriculum																					
253	IUSOM - Jasper	https://medicine.iu.edu/family-medicine/education/residency/memorial/curriculum																					
254	IUSOM - Indianapolis	https://medicine.iu.edu/family-medicine/education/residency/methodist/curriculum																					
255	Kansas City Univ GME Consortium/Reid Health	https://www.reidhealth.org/family-medicine-residency-program/application-process																					
256	Memorial Hospital of South Bend	https://residency.beacorchhealthsystem.org/residency-curriculum-options/rural-curriculum/																					
257	St Joseph Health System (9)	https://www.sjmed.com/careers/graduate-medical-education/family-medicine-residency/curriculum/																					
258	St Vincent Hospital & Health Care Center	https://www.stvincent.org/Medical-Education/Family-Medicine-Residency?tab=f7196947676346be9a9149298cc7ba06																					
259	Union Hospital	http://www.uhfmr.org/index.php/education/curriculum																					
260																							
261	Iowa (8)																						
262	Broadlawns Med Center	https://www.broadlawns.org/residency-and-fellowship/family-medicine-transitional-year/family-medicine																					
263	Central Iowa Health System	https://www.unltypoint.org/desmoines/iowa-lutheran-family-medicine-residency-program.aspx																					
264	Genesis Health System	https://www.genesishealth.com/residency-index/prospective-residents/rotations/																					
265	Iowa Med Ed Collaborative	https://www.mercyone.org/desmoines/careers/graduate-medical-education/family-medicine-residency/curriculum/3-year-rotation-schedule																					
266	MercyOne North Iowa Med Center - Mason City	https://www.mercyone.org/northiowa/careers/graduate-medical-education/family-medicine-residency/curriculum																					
267	MercyOne North Iowa Med Center - Waterloo																						
268	Siouxland Med Ed Foundation	https://siouxlandmedical.org/experience/curriculum/																					
269	University of Iowa Hospitals and Clinics	https://gme.medicine.uiowa.edu/sites/gme.medicine.uiowa.edu/files/wwysiwyg_uploads/FM%20Residency%20Curriculum-2021-2022.pdf																					
270																							
271	Kansas (4)																						
272	Univ of Kansas - Kansas City	https://www.kumc.edu/school-of-medicine/family-medicine-and-community-health/residency/curriculum.html																					
273	Univ of Kansas - Salina																						
274	Univ of Kansas - Via Christi Hospitals	https://www.viachristi.org/via-christi-family-medicine-residency/program-details/curriculum																					
275	Univ of Kansas - Wesley	http://www.wesleyfamilymed.com/Curriculum%20List%202021-2022.pdf																					
276																							
277	Kentucky (10)																						
278	AOPTIC - Lake Cumberland Regional Hospital	https://gme.lakecumberlandhospital.com/residency-programs/fm-residency/family-medicine-residency-curriculum																					
279	AOPTIC - Pikeville Med Center	https://www.pikevillehospital.org/residency-program/#1520459774639-4-3																					
280	Baptist Health Madisonville	https://www.baptisthealth.com/madisonville/about-baptist-health-madisonville/medical-education/family-medicine-residency-program/curriculum-residency-with-rotations																					
281	St Elizabeth Med Center	https://www.stelizabeth.com/resources/for-health-professionals/family-medicine-residency/benefits-and-compensation																					
282	UK - Hazard	https://ruralhealth.med.uky.edu/east-kentucky-family-medicine-residency-program-curriculum																					

Further refinement after interviews

- Fit with residents/faculty
- Location info:
 - Median home price
 - Population, median age, crime rate
 - Temp high/low, sunny days, avg rain/snowfall,