

Tandem Visits to Enhance Interdisciplinary Care

Christine Wineberg, PsyD

Keri Bergeson, MD

Matt Acosta, MD, PGY2



Interdisciplinary care matters!



Educational benefits



Patient care benefits



What do you mean by “tandem” visit?!

Flow of a tandem visit

BMC and PCP
introduce
themselves
and briefly
describe the
tandem visit
reason and
model

MD; Confirm
agenda for
visit, update,
exam

BMC; Listen
for SDoH,
insights,
change talk

Collaborative
treatment
planning,
shared
decision
making

Follow up visits
scheduled as
appropriate,
either w/ MD,
BMC or
another
tandem visit.

Logistics

One Friday/month bmed intern has blocked schedule to allow them to join the medical resident in clinic

Visits are done together for all visits, not just “mental” health visits

Negotiate in the room, in real time who will take the lead

“What I love about the tandems that we had a chance to educate patients about the ways psychosocial and biological aspects of health are inseparable, we could see the lightbulbs going off in patient’s heads about that. My presence seemed to prime pt’s to be ready to talk about their psychosocial concerns. The opportunity to observe Drs. Veltri and Buck deliver their care made me proud of our team. I think we had a nice organic flow taking turns with addressing pt concerns. There was one pt who presented with more severe depressive sx than he was letting on and that was a great chance for me to validate Dr. Veltri’s hunch that that was the case. I also felt like I absorbed their more active approaches to working w/ patients re: setting the agenda collaboratively but a bit more assertively than I normally do (something I think I can grow in in our setting).”

Christine Heller, psychology post doc

Learner Perspective

Write-Pair-Share

An open book with aged, yellowish pages is positioned at the bottom of the frame. The background is a dark, stylized illustration featuring a large, light-gray mountain peak in the center, flanked by two smaller, rounded cloud shapes. The overall composition is centered and balanced.

Parting Wisdom?