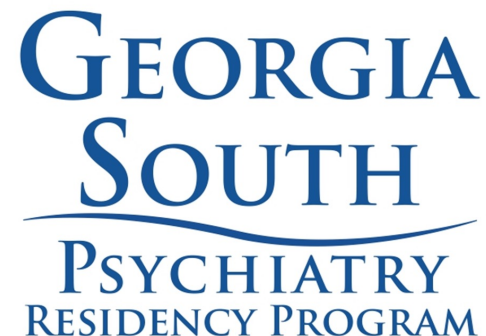


Rural Psychiatry Training Program Development: Lessons Being Learned



Lisa Rudolph-Watson, MD, FAPA
Program Director



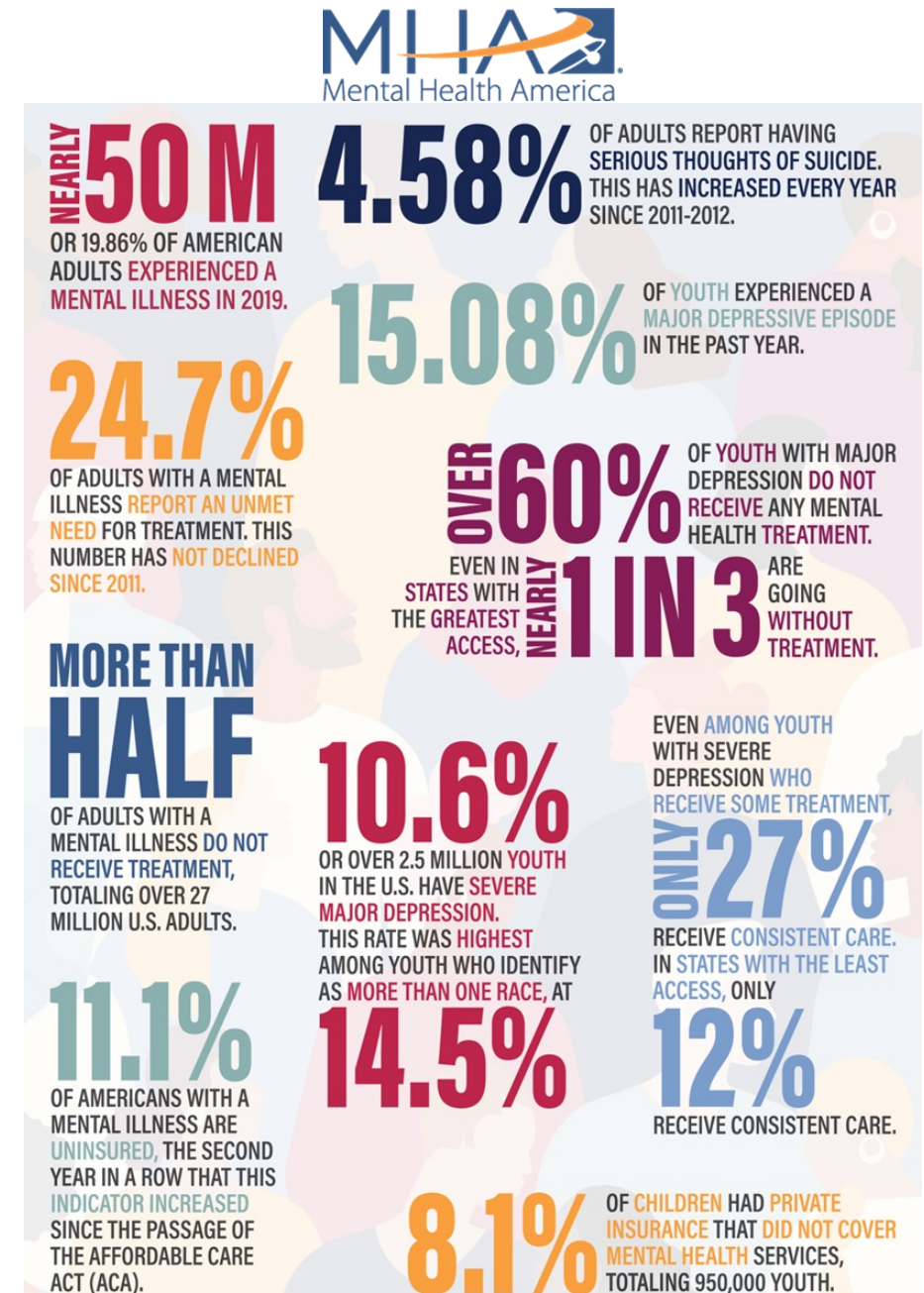
Kristoff Cohran
Program Coordinator

Objectives

- ❑ Consider partnerships for program assessment and development
- ❑ Discuss methods for faculty recruitment, retention, and engagement
- ❑ Identify strategies for didactic and scholarly activity development

Statistics

- Georgia ranks 48th in 50 states and DC for access to mental health care, resources and insurance.
- Georgia ranks 6th in 50 states and DC for prevalence of adult mental illness.
- In Georgia, an individual with serious mental illness has a one in five chance of ending up in prison instead of a hospital.
- In Georgia, two in five children have trouble accessing the mental health treatment they need.



Georgia South Psychiatry Residency Program

- Rurally located, community-based program
- Collaborative, regional centered approach to training
- Received accreditation in February 2022
- Inaugural class began July 2022
- Work-life balance



GEORGIA
SOUTH
PSYCHIATRY
RESIDENCY PROGRAM



Strategic Partnerships



Turning Point



**Vandemark Psychiatry &
Counseling**

Discussion Topic 1

Discuss with your table different local/regional organizations, institutions, or community-based entities that could satisfy a need you currently have?

5 min.

Faculty Recruitment, Retention, and Engagement

- Expose the nightmare...Sell the dream!
- Build it and they will come
- All about the ~~benjamins~~
benefits
- The rise of virtual interaction
- Meetings that ~~kill~~ your people
empower



2023 Main Residency MATCH Data

Table 2 Matches by Specialty and Applicant Type, 2023

Specialty	Number of Positions	Number Filled	MD Senior	MD Grad	DO Senior	DO Grad	Others	U.S. IMG	Non-U.S. IMG	Number Unfilled
Pediatrics-Primary	60	58	22	0	6	0	0	7	23	2
Peds/Psych/Child Psych	26	22	20	0	2	0	0	0	0	4
Physical Medicine & Rehab	206	206	118	3	74	1	0	6	4	0
Plastic Surgery (Integrated)	207	207	191	7	0	1	0	2	6	0
Psychiatry	2,164	2,143	1,343	32	403	13	1	202	149	21
Psychiatry-Family Medicine	10	10	9	0	1	0	0	0	0	0
Psychiatry-Neurology	3	3	2	0	0	0	0	0	1	0
Radiation Oncology	10	7	6	0	0	0	0	0	1	3
Radiology-Diagnostic	143	143	90	4	28	0	0	8	13	0
Surgery (Categorical)	1,670	1,667	1,062	153	243	36	1	77	95	3
Surgery-Preliminary (PGY-1 Only)	1,133	582	246	22	47	7	1	73	186	551
Thoracic Surgery	49	49	41	2	1	0	0	0	5	0
Transitional (PGY-1 Only)	1,736	1,524	1,015	26	293	8	0	95	87	212
Vascular Surgery	93	92	75	3	4	1	0	5	4	1
Total PGY-1	37,425	34,822	18,498	790	6,812	320	14	3,356	5,032	2,603

2023 Main Residency MATCH Data

Positions Offered in the Matching Program, 2019 - 2023

Specialty	2023		2022		2021		2020		2019	
	No.	%	No.	%	No.	%	No.	%	No.	%
▲ Physical Medicine & Rehab	206	0.6	180	0.5	157	0.4	151	0.4	138	0.4
▲ Plastic Surgery (Integrated)	207	0.6	194	0.5	187	0.5	180	0.5	172	0.5
Preventive Medicine	0	0.0	0	0.0	0	0.0	1	0.0	1	0.0
▲ Psychiatry	2,164	5.8	2,047	5.6	1,907	5.4	1,858	5.4	1,740	5.4
Psychiatry-Family Medicine	10	0.0	10	0.0	12	0.0	12	0.0	12	0.0
Psychiatry-Neurology	3	0.0	4	0.0	4	0.0	2	0.0	4	0.0
Radiation Oncology	10	0.0	10	0.0	15	0.0	14	0.0	15	0.0
▲ Radiology-Diagnostic	143	0.4	132	0.4	122	0.3	123	0.4	123	0.4
▲ Surgery (Categorical)	1,670	4.5	1,622	4.5	1,569	4.5	1,536	4.5	1,432	4.4
Surgery-Preliminary (PGY-1 Only)	1,133	3.0	1,150	3.2	1,136	3.2	1,174	3.4	1,158	3.6
▲ Thoracic Surgery	49	0.1	47	0.1	46	0.1	38	0.1	37	0.1
▲ Transitional (PGY-1 Only)	1,736	4.6	1,616	4.5	1,497	4.3	1,436	4.2	1,252	3.9
▲ Vascular Surgery	93	0.2	84	0.2	79	0.2	75	0.2	66	0.2
TOTAL - PGY1	37,425	100	36,277	100	35,194	100	34,266	100	32,194	100

2023 Main Residency MATCH Data

Applicants in the Matching Program, 2019 - 2023

Applicant	2023		2022		2021		2020		2019	
	No.	%	No.	%	No.	%	No.	%	No.	%
All Applicants										
Active Applicants*	42,952	100	42,549	100	42,508	100	40,084	100	38,376	100
Matched PGY-1	34,822	81.1	34,075	80.1	33,353	78.5	32,399	80.8	30,550	79.6
Unmatched PGY-1	8,130	18.9	8,474	19.9	9,155	21.5	7,685	19.2	7,826	20.4
Withdrew	2,155	4.5	2,068	4.3	2,303	4.7	1,928	4.3	2,718	6.1
No Rank List	3,049	6.3	3,058	6.4	3,889	8.0	2,947	6.6	3,509	7.9
Total	48,156	100	47,675	100	48,700	100	44,959	100	44,603	100

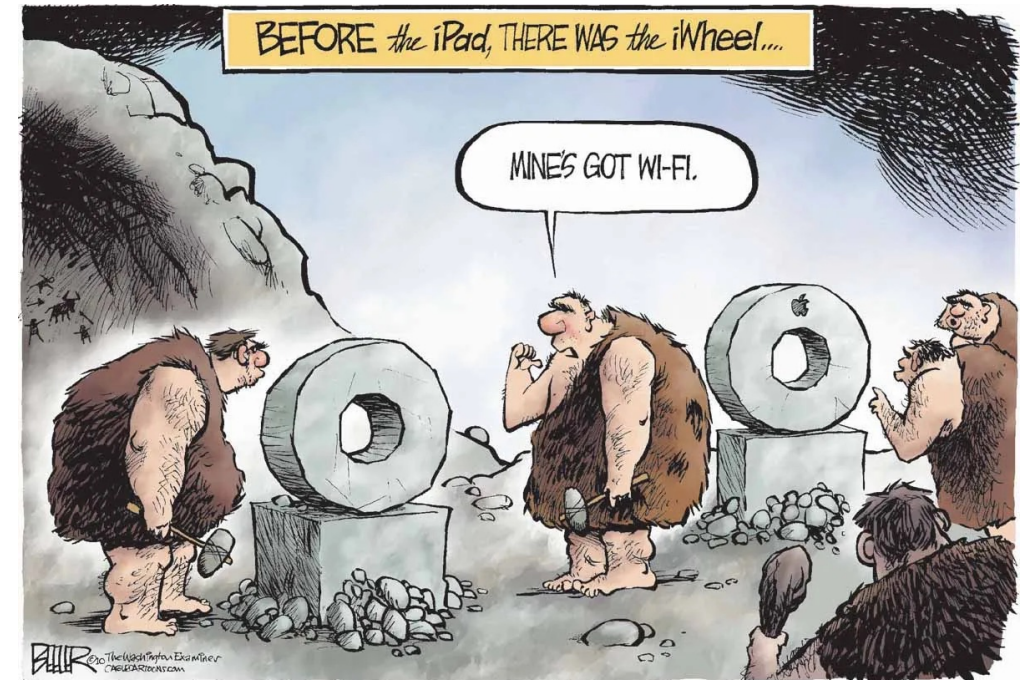
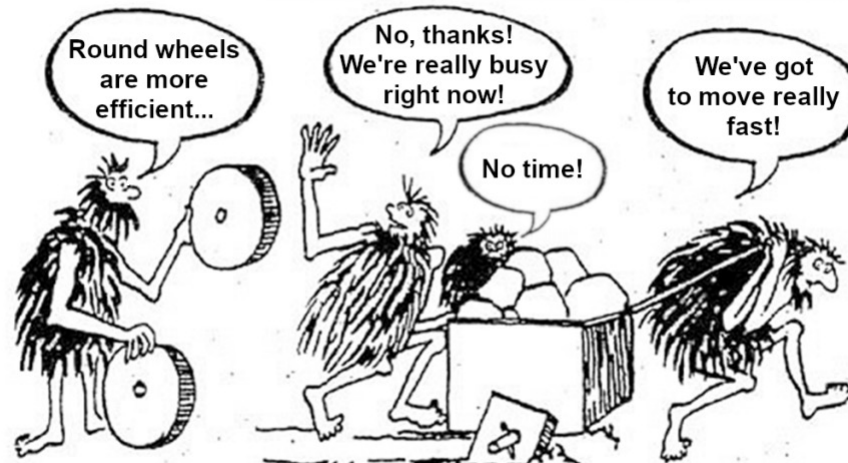
Discussion Topic 2

Discuss with your table ways you are tackling faculty recruitment, retention, and engagement.

5 min.

Didactic and Scholarly Activity Development

- Don't reinvent the wheel, just improve it
- K.Y.P. – Know Your Personnel
- What do the residents want to know?
- Scholarly activity.....



Key Takeaways

- Partnerships & Collaborations
 - Your community is bigger than you think it is...
- Faculty Recruitment
 - Make an offer they can't refuse, then deliver!
- Scholarly Activity & Didactic Development
 - Don't innovate, personalize.

