

# 10 Year Mock Self-Study

University of North Dakota School of Medicine  
and Health Sciences Rural Program

Williston Rural Training Track

Family Medicine Residency

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NIPDD Class 2022

# UND Minot-Williston Rural Track

- University of North Dakota School of Medicine & Health Sciences
- Trinity Hospital in Minot, N.D., CHI St. Alexis Health-Williston Medical Center in Williston, N.D.
- A new program as of July 2014, specifically designed to graduate family physicians prepared to work in the most rural settings.
- The rural track is administered by the staff and faculty of the core program in Minot, N.D.





# Mission and Values

## Mission

- To train physicians who will provide the foundation of medical care for North Dakota communities
- To provide impactful service to our local communities and region through a collaborative approach to resident training
- To create and foster partnerships which reflect the health care needs of the community and the educational needs of the residents

## Values

- Program
  - Resident education and scholarly activity are viewed as opportunities to improve our service to patients and communities
- North Dakota 49% rural 2019
  - Perseverance
  - Strong informal support network
  - Self-reliance
  - Independence

# Program Status – Williston RTT

- Effective Date: 07/01/2014 -10 Graduates
- Continued Accreditation (6 RTT)
- RTT Site Director, *Program Director*, *Core faculty (4)*, *LPCC*, *contracted community faculty*
- Graduate: 5/10 practicing in rural areas; 8/10 practicing outpatient care
- ABFM-CE 2017-2021 90% passage rate
- 2022 Filled 2/2 positions (rural)
- Diversity statistics:
  - Core: 70%M, 30%F, 60% Asian-Indian, 18% White, 1% Hispanic
- 2022 Department of Family and Community Medicine - UND Award for Departmental Excellence in Service.

# Rural Classification

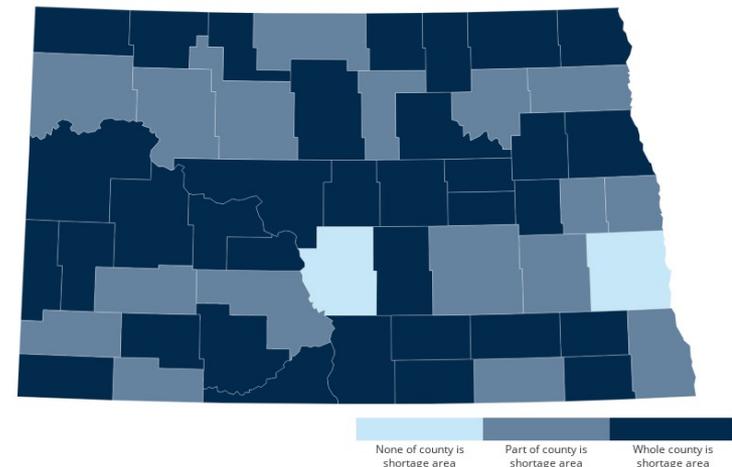
## Common Rural Definitions

- RHC/FORHP Eligible\*
- Percent of Williams County that is Rural: 32.46 (Ward 21%)
- CBSA Type: Micropolitan\*
- Williams County, ND has been designated by FORHP as rural.
- Frontier and Remote Area: 2 (Minot 1)
- Mental Health Professional Shortage Areas
- Medically Underserved Population (MUP) Trenton Service Area

## Williams County, ND



Health Professional Shortage Areas: Primary Care, by County, 2022 - North Dakota



Residency  
Review  
Committee  
for Family  
Medicine  
2021-2022  
National Data  
Report

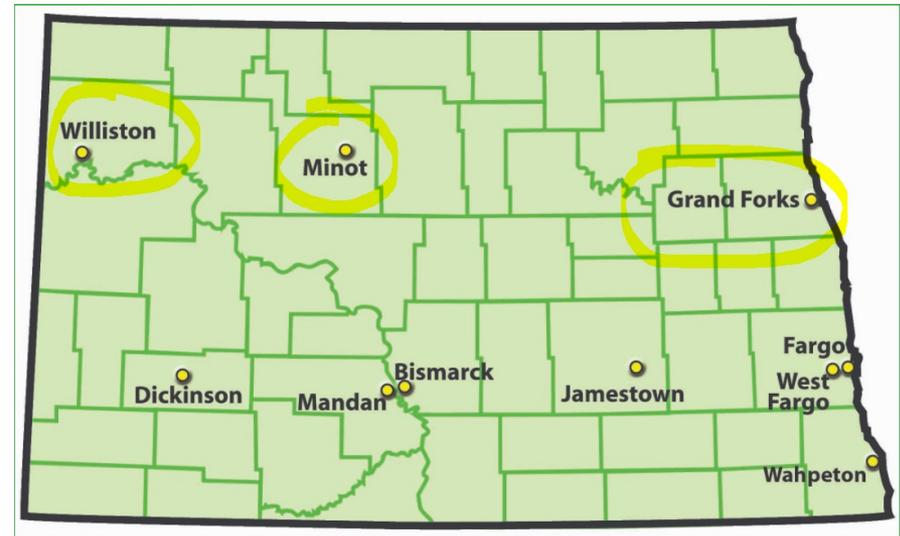
- Pediatrics
  - Age <2 = 9.3% vs 4.9%
  - Age 2-9 = 8.3% vs 4.7%
- Patient visits in FMP
  - PGY-2 = 604 vs 508
  - PGY-3 = 903 vs 780
- Continuity Deliveries
  - 3,0

# Major Accomplishments

- Four physicians in Williston, 6 physicians in North Dakota
- Rotations and Educational Experiences
  - ICU
  - Evidence Based Medicine curriculum
  - Health Systems Management
  - Population Health
  - Diagnostic Imaging
  - Dermatology training site
- Intra-professional chronic pain committee
- Partnered with Dakota Geriatrics to implement an Age-Friendly curriculum throughout the CFM program
- Transition of Care Procedure
- Partnership with Head Start, Public Health Department

# Major Challenges

- Staff shortages
  - Faculty (APD and Core Faculty)
  - 4 Residency Coordinators/7 yrs
- 120 miles to Minot, 332 miles to GF
- Disciplinary issue
- Accountability (rotations, administrative tasks)
- Procedural equipment not being used
- Educational resources



# Financial Data – Fiscal Year 2021

- Revenue
  - Revenue directly credited to FMR \$2,585,516
  - Hospital(s) Revenue credited to FMR \$724,277
  - Total Revenue \$3,385,516
- Expenses
  - Faculty and Residents \$2,618,205
  - FMP Staff \$1,160,541
  - Residency Admin Staff \$43,864
  - Residency operations/admin expenses \$872,877
- Budget
  - \$3,330,00 (remaining \$55,516)

# Non-financial value

- Service
  - Home visits (Bedbound, assisted living, memory care)
  - High Priority Infant visits
  - Head Start
  - Non-vaccinated
- Minot
  - 1975 as the first residency program in the state
  - graduates through 2/2022 = 209
  - 89 grads initially stayed in North Dakota
  - 29 in Minot area; 24 at Trinity over years
- Williston – rural track
  - A new program as of July 2014
  - Graduates through 6/30/2021 = 10
  - 4 stayed in Williston, 3 at Trinity
  - 1 Bismarck

# Goals for the upcoming year

- Rotations/Curriculum
  - Enrichment of current rotations, directors/liaison, resident input, didactic education
- Faculty
  - Faculty development, PD, CME, University Resources
  - Recruitment or addition of community faculty
- Minot
  - Integration, support and communication with Minot Core program
- QI/PS
  - Health Systems Management
  - integrate with CHI QI/Patient Safety activities.
- Resident wellness activities

# Resources Requested

- Faculty shortage
  - Two faculty positions unfilled at the Minot CFM
  - Local competition for Primary Care Physicians
- Procedures
  - With equipment upgrades and faculty training, the capacity for training residents in procedures would be vastly improved.
- Operations and logistics
  - Operations/workflow audit, data and demographic analysis



**Thank you.**