



Perspectives from Medical Students Doing Research:

Why & How

Dakota Snustad, MSII & Kasey Roush, OMSII

Objectives

- Understand the decision to perform research in medical school
- Describe how medical students can get involved in research
- Explore the benefits of student participation in research
- Explain how research skills influences student perspectives on practicing medicine in the future



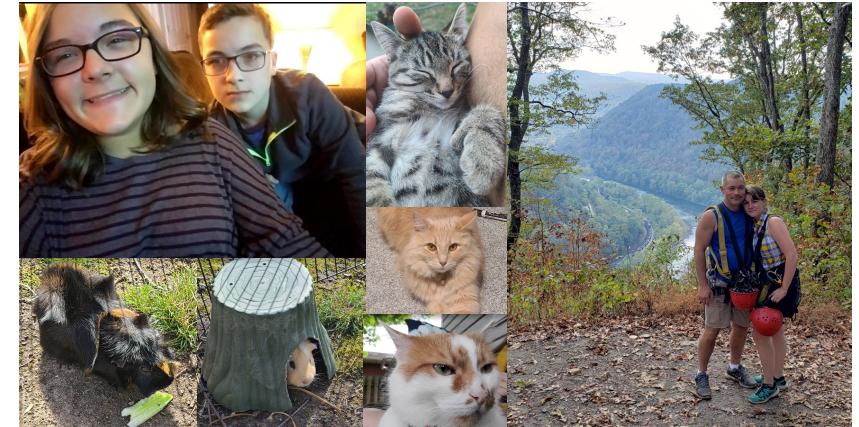
Perspectives from Medical Students Doing Research: Why & How

Kasey Rousch OSMII – University of Ohio Heritage College of Osteopathic Medicine

- **Understanding Perceptions of Barriers to Care in Racial and Ethnic Minorities in Athens County**

Dakota Snustad MSII – University of North Dakota School of Medicine and Health Sciences

- **Rural Older Adult Perceptions of telehealth following Health Ambassador Teams for Seniors (HATS) geriatric assessments**



Why?

What drove them to pursue research as medical students & what their experiences in research have been like so far.

Kasey

Understanding Perceptions of Barriers to Care in Racial and Ethnic Minorities in Athens County

- Rural
- Advocacy



Dakota

Rural Older Adult Perceptions of telehealth following Health Ambassador Teams for Seniors (HATS) geriatric assessments

- **Past Experiences**
 - Professional
 - Personal
- **Available Opportunity**
- **Local Impact**



How?

How they worked it into the chaotic schedule of medical school, and how their research has influenced their understanding of medicine and practice.

Kasey

Make it work

- Understand obligations
- Collaborate
- Ask for help

Learn to Listen

- Intersectionality
- Discrimination
- Injustice





Dakota

What I have learned

- **Look for opportunities – they are out there**
- **Do your homework**
 - Know the research
 - Know your role in the research
- **Communication!**

Questions & answers

Invite questions from the audience.

