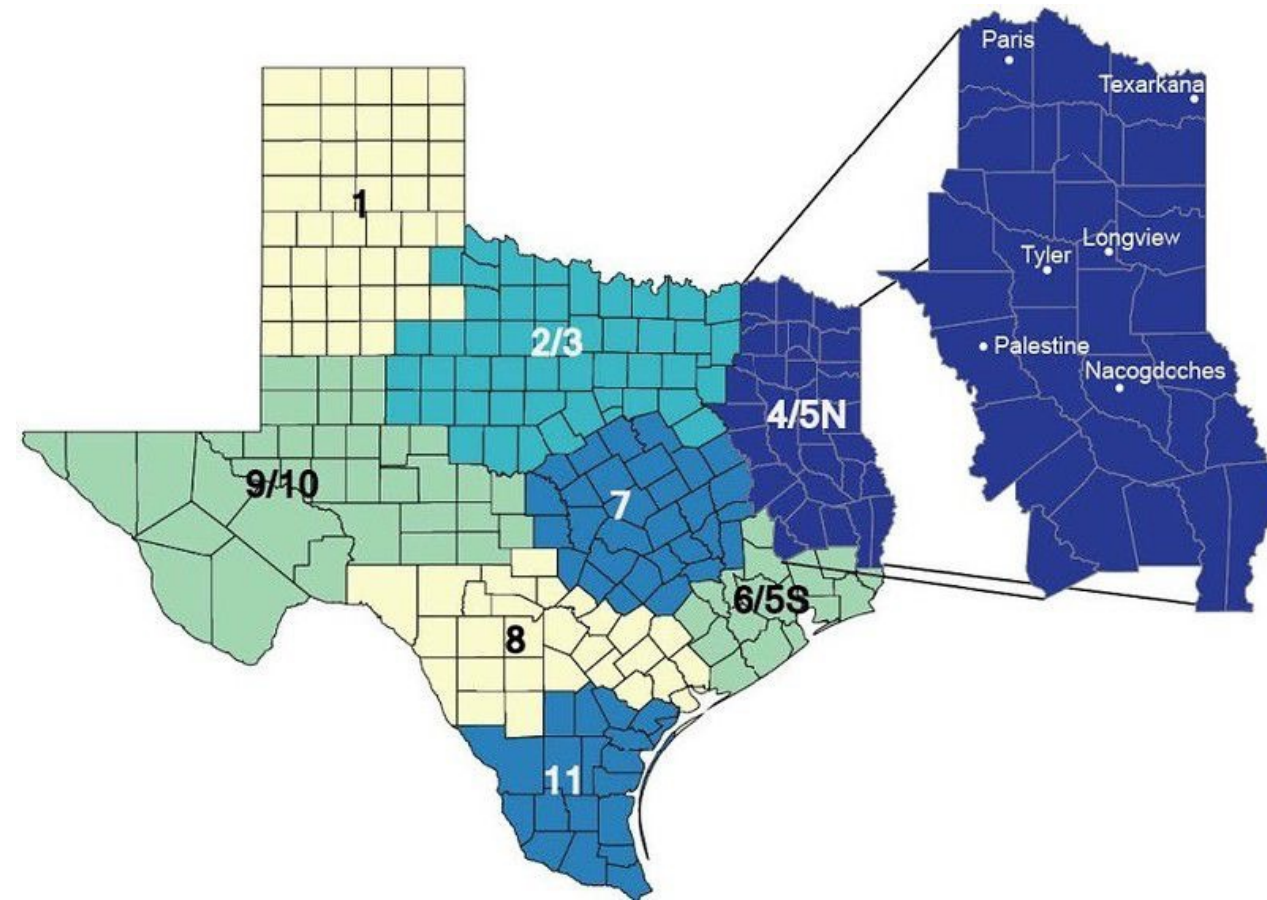


Rural Psychiatry

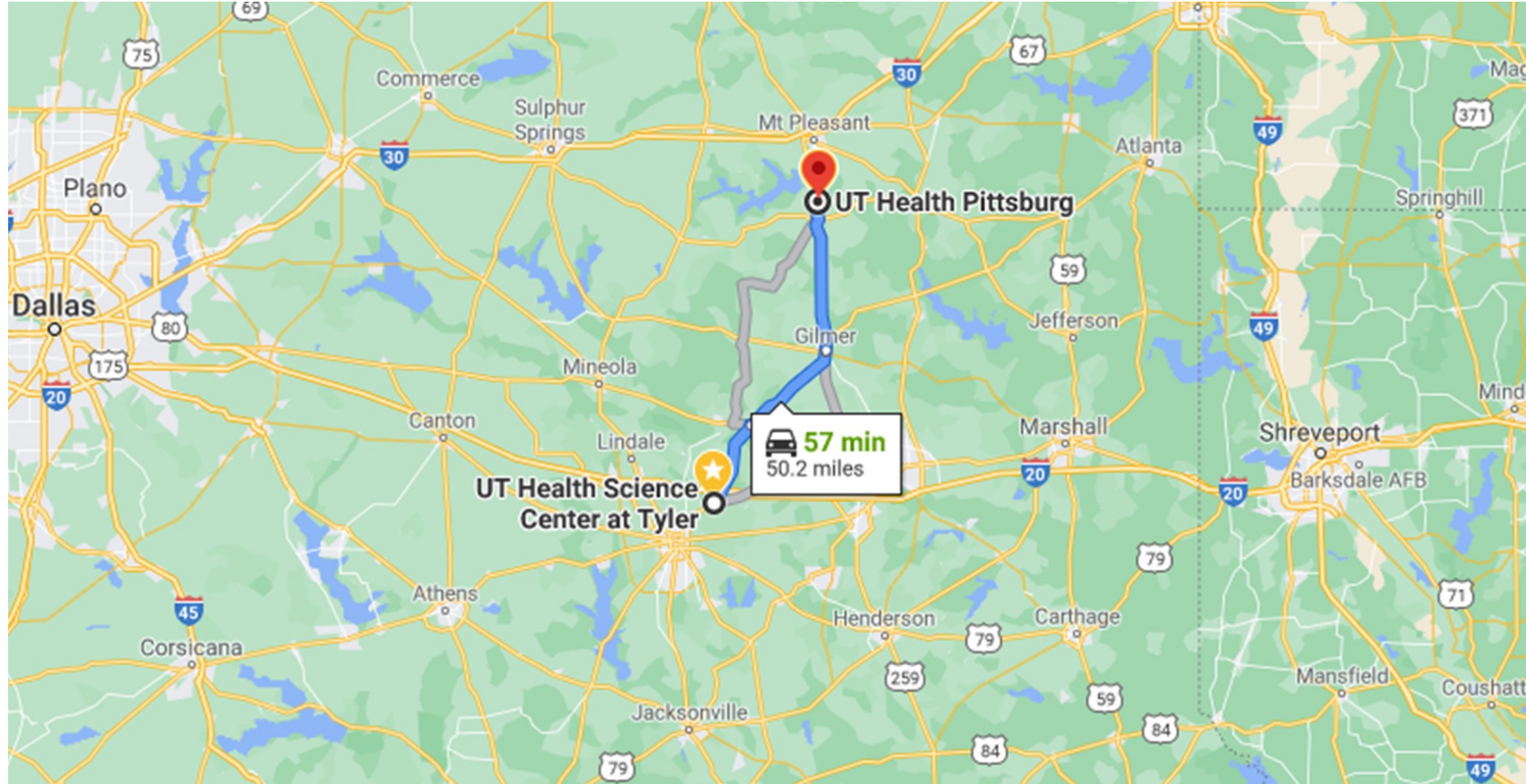
Arunditi Xantus, MD
Rural Residency Fest
July 21, 2021

Northeast Texas



- 35-county area
- 25,000 mi² = state of WV
- 58% of the 1.5 million people in rural areas
 - Significant health disparities
 - Most counties without any practicing psychiatrists
 - Suicide rate = 17.2/100,000

UTHSCT Rural Psychiatry @ Pittsburg



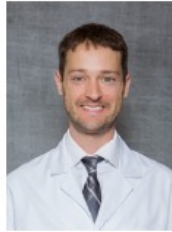
PSYCHIATRY RESIDENTS 2021-2022



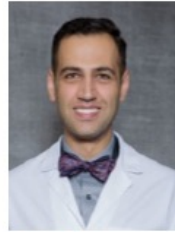
PGY-4



Jeremiah Duncan, DO
UNTHSC—Texas College of
Osteopathic Medicine
CHIEF RESIDENT



Andrew Mellon, MD
Texas Tech Paul L. Foster
CHIEF RESIDENT



Igal Tarash, DO
Western University College of
Osteopathic Medicine

PGY-3



Chhavi Chaudhary, MD
University of Texas Galveston



Anand Jayanti, MD
Texas A&M College of Medicine



Mary Kaar, DO
Kansas City College of
Osteopathic Medicine



David Pollard, MD
Texas A&M College of Medicine



Haven Price, DO
West Virginia College of
Osteopathic Medicine



Michael Watkins, MD
University of Texas at San Antonio

PGY-2



Firas Abdulla, MD
University of Texas San Antonio



Christina Merenda, DO
Midwestern University



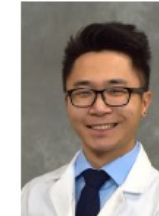
Joshua Morgan, MD
Texas A&M College Medicine



Hala Mouneimne, DO
UNTHSC—Texas College of
Osteopathic Medicine



Nusrat Uddin, DO
William Carey College of
Osteopathic Medicine



Xitong Wu, MD
University of Texas at Houston

PGY-1



Jatin Julakanti, MD
University of Texas Galveston



Anna Kuklina, MD
University of Texas Galveston



Nicholas Kreyling, DO
UNTHSC—Texas College of
Osteopathic Medicine



R. Zarei McClung, MD
American University of the
Caribbean School of Medicine



Dale Oladunni, MD
Eastern Virginia College of Medicine



Bobby Randhawa, DO
UNTHSC—Texas College of
Osteopathic Medicine

The Inaugural Class of Rural Psychiatry Residents (PGY-1)



Lauren Cargill, DO
Edward Via College of
Osteopathic Medicine



Sydney Horton, DO
West Virginia College of
Osteopathic Medicine



Daniel Howard, MD
University of Texas Southwestern



Mohammad Naqvi, MD
Ross University School of Medicine

Program Director: Arunditi Xantus, MD
Associate Program Director: Robert Wiecek, MD
Rural Program Director: Brandon Riley, MD
Program Manager: Cindy Harrison



Rural Psychiatry Training & Practice: Many Benefits!



- Magnitude of difference you can make in a community
- Ingenuity and multidisciplinary efforts are a necessity
- Variety of roles in a variety of settings → never gets boring!
- Illness burden is just as severe and varied
- Lower patient volumes = more time with patients = better contextual understanding of your patients

Rural Psychiatry Training & Practice: Many Benefits!



- You get to treat the whole family!
- Better understanding of the community needs
- Pay is comparable and oftentimes more competitive
- Opportunities for local and federal funding

LOW OVERHEAD, BIG SCENERY!



Interested in More Information?



<https://www.uthct.edu/rural-psychiatry-residency-welcome/>



Our first year Tyler and rural Pittsburg residents this year!

Get in Touch



Cindy Harrison, BA, C-TAGME

Psychiatry and Behavioral Medicine

Program and Education Manager

cindy.harrison@uthct.edu

903-877-7080