

Ohio Rural Physician Training Pathways

Growing the next generation of rural Ohio physicians

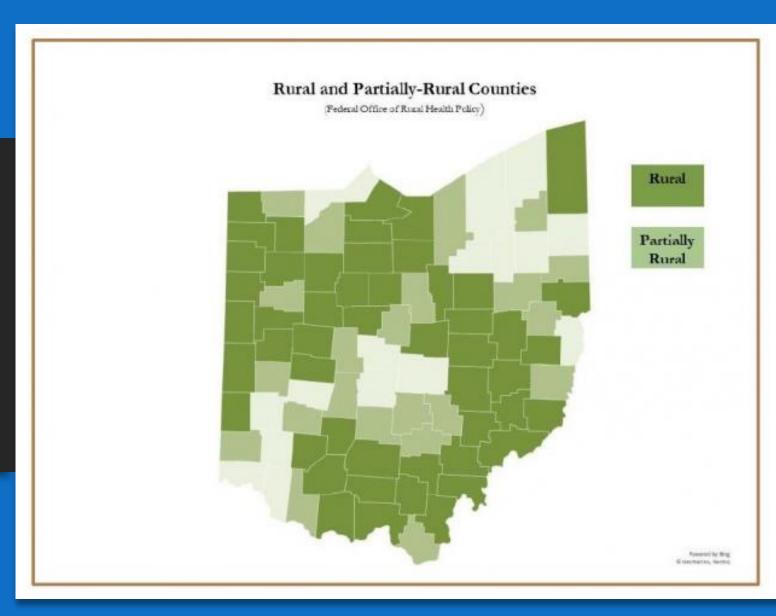
Presenters

- Sharon Casapulla, EdD, MPH, Ohio University, Office of Rural and Underserved Programs
- Sharron DiMario, MHA, University of Cincinnati, Rural Health Track
- Alex Heintzelman, MD, Northeast Ohio Medical University, Rural Medical Education Pathway
- Michael Appleman, M.A.Ed., Northeast Ohio Medical University, Rural Medical Education Pathway
- Lori Martensen, MS, Wright State University, Wright Rural Medical Scholars

Objectives

- Describe the purpose of the Ohio Rural Physician Training Pathways (RPTP)
- Define ways medical schools and health systems can collaborate to address physician workforce shortages
- Apply the model of collaboration demonstrated by the Ohio RPTP and apply is to other health professions

How Rural is Ohio?



Rural Landscape in Ohio

Home to eight medical schools

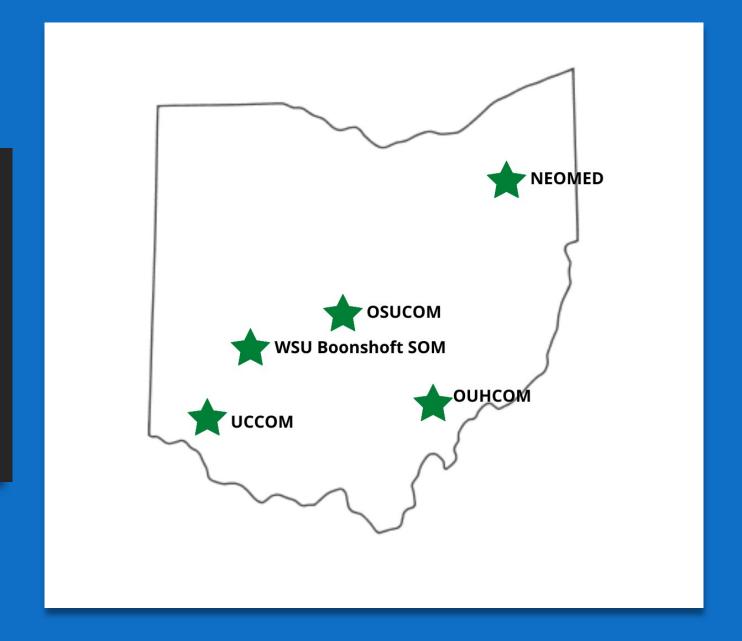
- Six public, two private
- Six allopathic, two osteopathic
- ~1,300 graduates per year

Desegregated AHEC system

Ohio Rural Health Association in its early development

State Office of Rural Health

Rural Physician Training Programs



Audience participation #1

On a scale of 1 - 10 (1 = not at all; 10 = regularly), to what extent do the medical schools in your region see each other as competitors?

Northeast Ohio Medical University (NEOMED) Rural Medical Education (RMED) Pathway



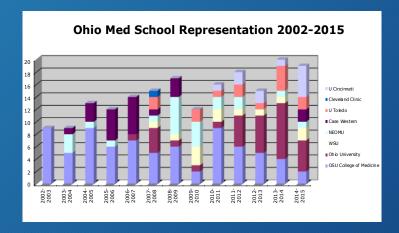
- Rural Medical Education (RMED) Pathway (est. 2015)
 - Pilot of 8 students, now up to 16 students per class
- Curricular integration and Co-curricular experiences
- Program Components:
 - Peer grouping in small group instruction (interviewing seminar, reflective practice) to foster longitudinal peer-peer and faculty-peer relationships
 - Preclinical placements in rural settings (9 half days)
 - Rural exposure in FM and EM clerkships
 - Co-curricular: Seminar series, Peer mentorship, Capstone project
 - Service Learning: Health Coaching, complete home visits over 1 year
- NEOMED now has Integrated Pathway programs modeled after RMED: Focus in Urban and Social Justice
 - Total pathway enrollment = 140 (out of 600 medicine students)

Ohio State University Rural Health Scholars

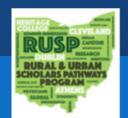
2002-2021











Ohio University Office of Rural and Underserved programs

Rural and Urban Scholars Pathways (RUSP) Program

Started in 2013 with 8 students; Currently 120 enrolled

Co-curricular

Program Components

- Clinical Jazz Critical Reflection Groups monthly
- Individualized coaching with physician
- Professional Development activities
- Mentored scholarly activity; opportunity for funding
- Individual immersion between OMSI and OMSII
- Group immersion

University of Cincinnati Rural Health Track



AHEC History of Rural Rotations (1978 - 2006)

 Creation of Student Rural Interest Group (2017)

 Collaborating with DFCM Scholars - Summer Immersion (2021)

Wright State University Wright Rural Medical Scholars



- "Soft" start in 2014; "strong" start in 2016
- Mission: To develop and nurture physicians pursuing rural medical practice in Ohio
- Three Phases of Development
 - Medical School
 - 95% clinical experiences in rural communities
 - Single clinical experiences ---- Rural Pathway
 - In development: Longitudinal Integrated Curriculum
 - Residency
 - 1+2 RTT in FM starting in 2023
 - Pipeline

Ohio Rural Pathways Summit: December 2019

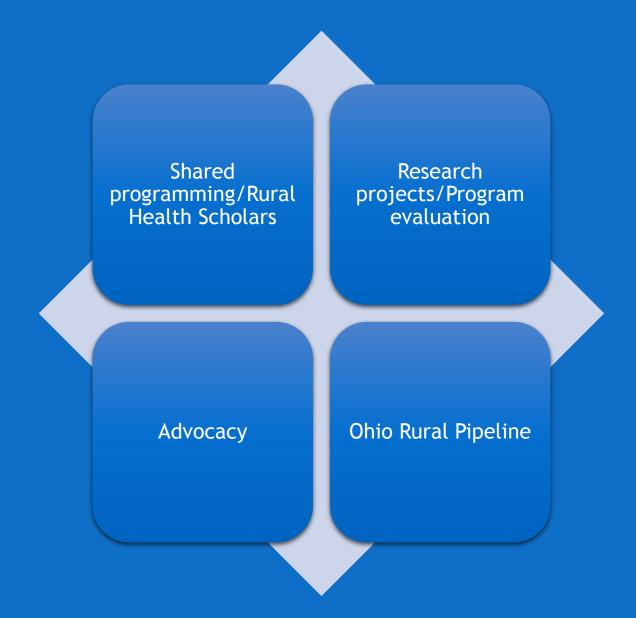
- Why and how we started
- Ohio has more rural medical education pathway programs than any other state
- Relationships
- Common mission



Mission Statement

To research and promote best practices that train and grow Ohio's rural physician workforce.

Goals of the Rural Physicians
Training
Programs



Current Collaboration Efforts



Shared metrics/surveys



Shared experiences



Updates/Ideas



Presentations



Rural Health Scholars



Shared online folder

Audience participation #2

- How might you collaborate with other programs?
- If you were able to collaborate with a competitor, what would it look like in 10 years?
- What about schools/states that do not have an UME rural program
 - with whom could you collaborate?

Presenter's contact information



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Key Takeaways