

# Expanding Access to Treatment for Opioid Use Disorder with a Family Medicine Residency



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# Objectives

1. Describe rapid access to medication assisted treatment with innovative programs
2. Discuss the importance of training family medicine residents providing treatment for OUD
3. Discuss ways to enhance collaboration within rural communities to reduce the impact of OUD



# Overview

Introduction (5 min).

ED inductions (10 min).

Outpatient Plus (10 min).

Inpatient Consult Service (5 min).

Training family physicians in MAT (15 mins).

Enhancing collaboration (10 mins)



# Disclosures

Neither presenter has any conflict of interest to declare.



# Introduction

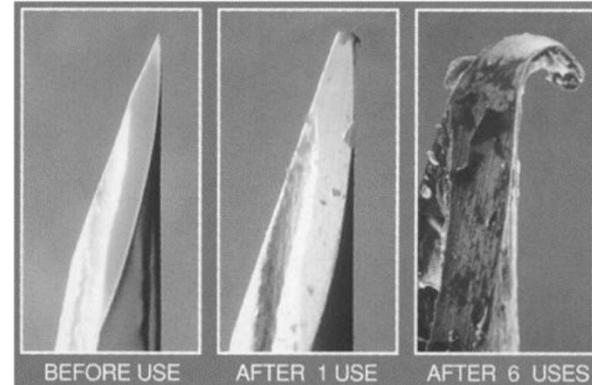
Opioid Crisis

Overdose Deaths

Hepatitis C/HIV

Infective Endocarditis

Neonatal Abstinence Syndrome



# ED Inductions

## Goals:

- Decrease barriers to care
- Allow for rapid access

## Method:

- Bring multiple stakeholders together
- Develop protocol for inductions

## Early results:

- x patients have presented for treatment
- x started on buprenorphine
- x came for follow-up
- Happier patients and ED providers

## Next steps:

- Advertise
- Revisit protocol



# Outpatient Plus

## Goals:

Increase capacity in our hospital system

## Method:

Grant-funded program, group visits

## Early results:

40 patients per session

## Next steps:

Expansion

Bring in outside providers



# Training Family Physicians in MAT

## Goals:

- Increase the workforce
- Have residents feeling ready

## Methods:

- Developing robust MAT program (including OB)
- X-waiver all faculty

## Early results:

- Improved access within our system, state
- Culture change

## Next steps:

- Developing formal addictions curriculum and rotations
- Moving towards X-waiver requirement



# Inpatient OUD Consult Service

## Goals:

Improve patient care in hospital  
Improve continuity of OUD care  
Increase knowledge base of hospitalists

## Early Results:

Relatively low call volume  
Complex cases  
Improved follow-up

## Methods:

Three core attending, rotating call

## Next steps:

Onboard residents  
Advertise



# Enhancing Collaboration

## Goals:

Improve communication and therefore continuity of care

## Methods:

Bring stakeholder together

Regular meetings (Prescribers dinner and OSC)

Cross pollinate our departments

Maine-Dartmouth

**MDFMR**

Family Medicine Residency

## Early results:

Converging on a shared set of practices  
Easier transition to different levels of care

## Next steps:

Maintenance