

Expanding Access to Treatment for Opioid Use Disorder with a Family Medicine Residency



Nathaniel Bowling, MDCM

Alane O'Connor, DNP

RTT Collaborative Annual Meeting May 2019

Objectives

1. Describe rapid access to medication assisted treatment with innovative programs
2. Discuss the importance of training family medicine residents providing treatment for OUD
3. Discuss ways to enhance collaboration within rural communities to reduce the impact of OUD



Overview

Introduction (5 min).

ED inductions (10 min).

Outpatient Plus (10 min).

Inpatient Consult Service (5 min).

Training family physicians in MAT (15 mins).

Enhancing collaboration (10 mins)



Disclosures

Neither presenter has any conflict of interest to declare.



Introduction

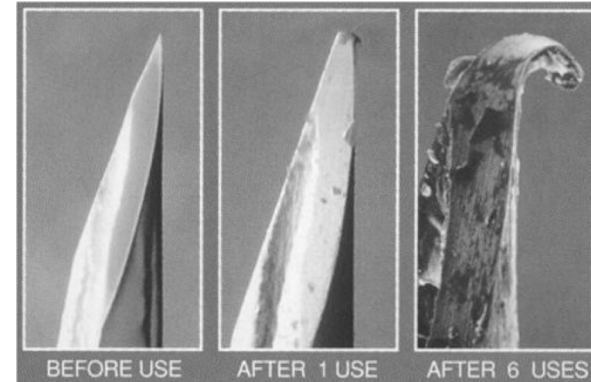
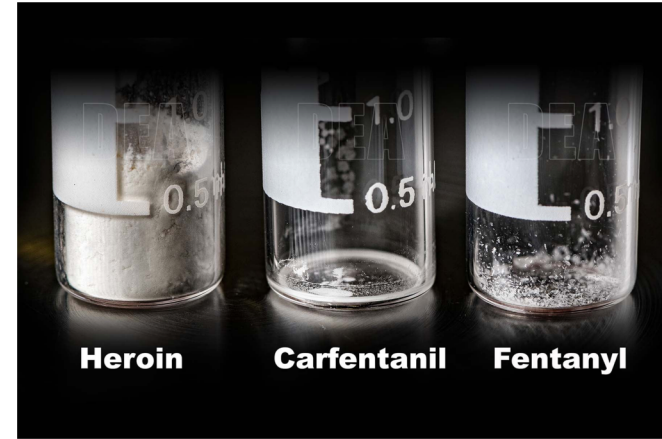
Opioid Crisis

Overdose Deaths

Hepatitis C/HIV

Infective Endocarditis

Neonatal Abstinence Syndrome



ED Inductions

Goals:

Decrease barriers to care

Allow for rapid access

Method:

Bring multiple stakeholders together

Develop protocol for inductions

Early results:

x patients have presented for treatment

x started on buprenorphine

x came for follow-up

Happier patients and ED providers

Next steps:

Advertise

Revisit protocol



Outpatient Plus

Goals:

Increase capacity in our hospital system

Early results:

40 patients per session

Method:

Grant-funded program, group visits

Next steps:

Expansion

Bring in outside providers



Training Family Physicians in MAT

Goals:

- Increase the workforce
- Have residents feeling ready

Methods:

- Developing robust MAT program (including OB)
- X-waiver all faculty

Early results:

- Improved access within our system, state
- Culture change

Next steps:

- Developing formal addictions curriculum and rotations
- Moving towards X-waiver requirement



Inpatient OUD Consult Service

Goals:

Improve patient care in hospital

Improve continuity of OUD care

Increase knowledge base of hospitalists

Early Results:

Relatively low call volume

Complex cases

Improved follow-up

Methods:

Three core attending, rotating call

Next steps:

Onboard residents

Advertise



Enhancing Collaboration

Goals:

Improve communication and therefore continuity of care

Methods:

Bring stakeholder together

Regular meetings (Prescribers dinner and OSC)

Cross pollinate our departments

Maine-Dartmouth

MDFMR

Family Medicine Residency

Early results:

Converging on a shared set of practices
Easier transition to different levels of care

Next steps:

Maintenance