



Family Medicine Residency Curriculum: Native American Health

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New Mexico Primary Care Shortage

- ▶ 32 of 33 New Mexico counties have healthcare provider shortages.

Native Healthcare Provider Shortage

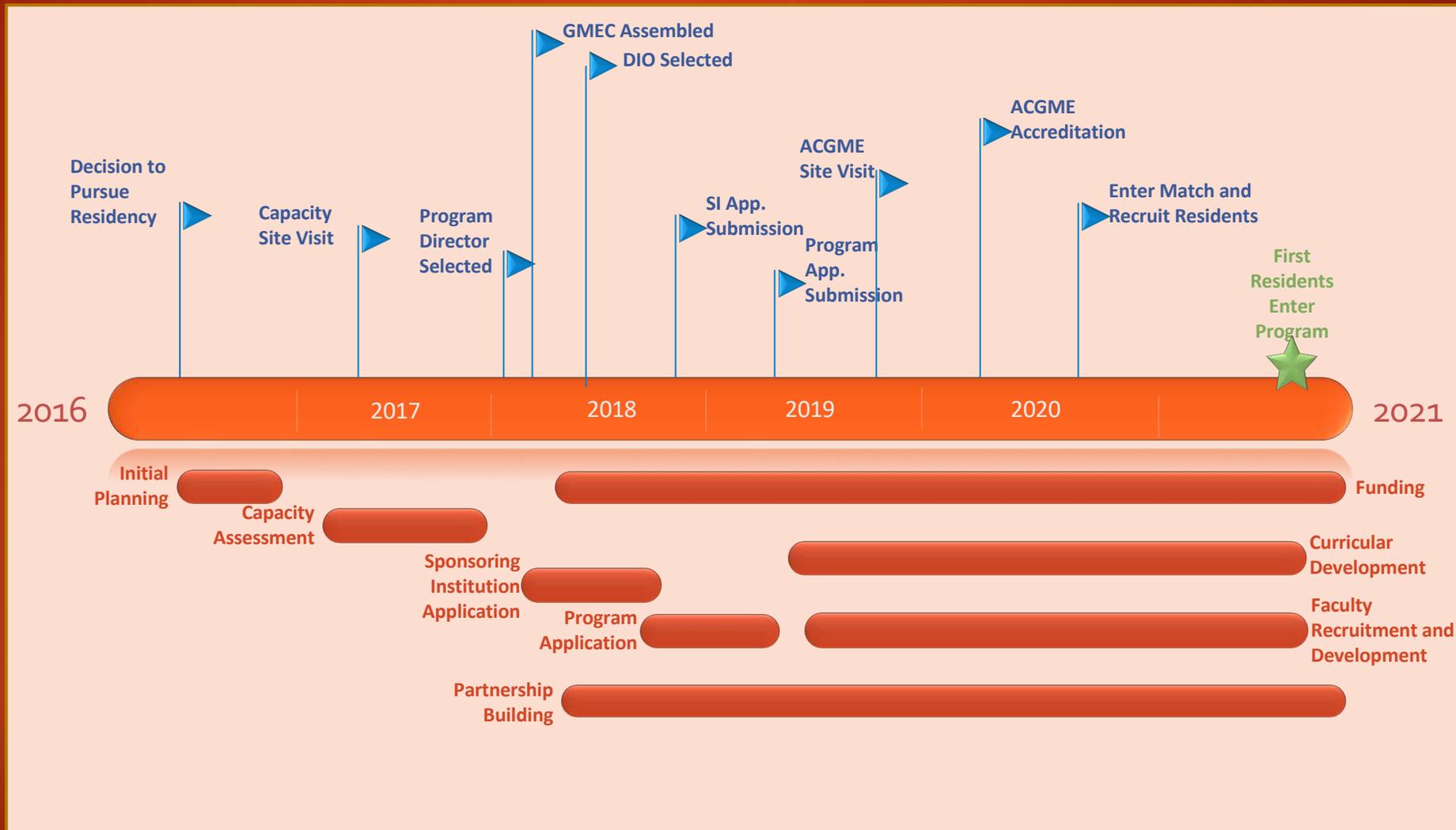
- ▶ In the class of 2015, more than 18,000 graduated from medical schools across the U.S., but only 20 were American Indian or Alaskan Native

RMCHCS Family Medicine Residency

- ▶ 70% Native patient population
- ▶ Independent 3-year Family Medicine Residency Program
- ▶ Four residents per year



Accreditation Timeline



Academic Project

- ▶ How to create a family medicine residency curriculum that will inspire physicians to serve Native American communities?



Approach

- ▶ Review of existing programs and resources
- ▶ Focus groups: Zuni and Navajo
- ▶ Individual Interviews



Existing Programs

- ▶ Puyallup Tribal Health Authority Family Medicine Residency
- ▶ Choctaw Nation Family Medicine Residency
- ▶ Seattle Indian Health Board continuity clinic site
- ▶ HEAL Fellowship

Focus Groups and Interviews: Key Themes

- ▶ Language
- ▶ Time
- ▶ Body Language
- ▶ Health Literacy
- ▶ Cultural Humility

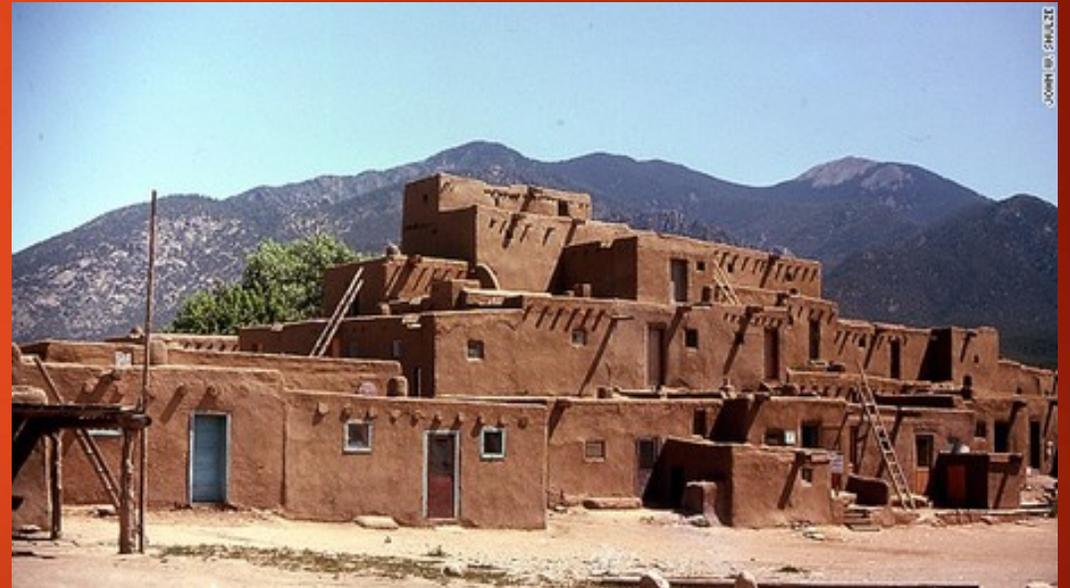


Focus Groups and Interviews: Key Themes

- ▶ End of Life Care
- ▶ Traditional Medicine
- ▶ Cultural Duties Health and the Environment
- ▶ Medical Learners
- ▶ Intergenerational Trauma/Trauma-informed Care

Integrating Native Health into Curricular Components

- ▶ Orientation
 - ▶ Outlying community visits
 - ▶ Native Mentor
 - ▶ Mobile Unit
 - ▶ Trauma-Informed Care
 - ▶ Native History
 - ▶ Regional Medical System
 - ▶ Home Visits
 - ▶ Book Club



Integrating Native Health into Curricular Components

- ▶ 24-month Didactic
 - ▶ Diabetes
 - ▶ ESRD
 - ▶ Alcohol/Substance Abuse
 - ▶ Maternal Health
 - ▶ Newborn Care
 - ▶ Nutrition
 - ▶ Depression and Suicide
 - ▶ Adverse Childhood Events
 - ▶ ID: Hanta, Plague and Vector-Borne Disease



Leveraging NIPDD and Next Steps

- ▶ \$50,000 from NM State Legislature for curricular development
- ▶ Curriculum committee created
- ▶ Roll-out with medical students 2019-2020

Questions?

▶ Contact: vwangler@rmchcs.org

